

## Two Crag and a Fairfield !

Wednesday 15th October 2003.

Group: Cyril, Trevor, David & Popsie

Weather: Superb Autumn Conditions - Bright Sunshine  
with a cooling breeze in places

Time taken 7hrs 45 minutes - Distance 10+ miles

Total Height climbed 3,300ft Average Speed 1.30 mph.

- 8.40 am Arrived at Cow Bridge Car Park with the usual 'Kelly' refreshments !
- 8.55 am Departure for the fells passing west of Brothers Water and then Hartsop Hall. According to OS the Public Footpath goes along the bottom of the valley but Cyril remembered that the Wainwright walk branched off to the right just past Hartsop Hall (after careful examination of latest map there is a path which is obscured by purple boundary line). This path is a more pleasant approach as it takes one up 100' to 150' above the valley bottom and provides better views especially of the Waterfalls.
- 10.30 am After the Waterfalls and level with 'The Stangs' the gradient steepens gradually until the gully comes into view and it was decided that a coffee break was in order to admire the landscape to the East (i.e. Hartsop Dodd round to Place Fell and beyond)  
Ascending the gully which has at some time been graded was good in parts but often more like a scree funnel but achieved without drama. We did not look for Priest's Hole (a cave)
- 11.31 am The col between Dove Crag and Hart Crag was reached having climbed about 1,840 ft. The party then turned left (NW direction) towards the next objective which needed another 350 ft of climbing which we should have done on the east side of the wall and not the west side which is more of a scramble !
- 11.50 am Hart Crag (2698') was attained and as Cyril thought we were behind schedule we did not pause for breath or a viewing.  
A descent to 'Pile of Stones' which meant a further climb of 330ft to reach !
- 12.30 pm Fairfield (2863') where we went to the eastern shelter for our lunch break after which we consulted 'A.W.s' book to identify all the Lakeland Tops
- 1.10 pm Departed for the descent to Cofa Pike and instead of going directly down hill it was found that a gentler path was to the west otherwise a steep and blind scramble is necessary. After the short ridge walk a further descent was made to Deepdale Hause. The final ascent of the day was made with a breather taken halfway up before arriving at
- 2.40 pm St Sunday Crag (2756') Photographs were taken before heading for Gavel Pike which had an intermittent path which appeared to peter out just after it and before reaching Lord's Seat. A track seemed to go towards Gavel Moss and the party set off in the general direction which leads to Cold Cove/Gill. However, in hindsight the route taken should have been over Lord's Seat where a better path comes up from the bottom of the valley but whether it is obvious higher remains to be discovered.
- 4.00 pm A tea break was taken alongside Coldcove Gill and the public footpath was duly reached with a long walk back through Wall End, Lane Head, Deepdale Bridge along the A 592 until a permissive path was taken to reach the Car Park
- 5.40 pm The car was waiting for us and afterwards the group adjourned to the Kirkstone Inn for refreshment including two packets of Crisps each having a voucher for a FREE MEAL until one read the small print !

## Route - 15th October 2003.

Grid Ref:	Description
NY3402/5133	Cow Bridge Car Park - Leave directly south to pass Brothers Water, Hartsop Hse swing round to south-west Crossing ( <b>height 158m</b> )
NY3389/5114	Bridge to ascend the passing priests Hole to reach the saddle at
NY3371/5108	turn North Westerly to reach
NY3368/5112	<b>Hart Crag (2696')</b> again set off in a north westerly direction passing
NY3358/5117	LingHause (on south side) Scrubby Crag (on north side) a cairn & onto <b>Fairfield (2863')</b> take north west path for about 100m and turn due north descending slightly to reach <b>Cofa Pike</b> and onto Deepdale Hause a ridge about 1.9km to the next peak
NY3369/5134	<b>St Sunday Crag 2756')</b> leave the top due east for about 0.4 km
NY3373/5134	<b>Gavel Pike (2572')</b> take a compass bearing of 100° this to avoid Lord's Seat on the north and Braw Crag on the south and again on the north side Lattershaw crag to reach the valley bottom
NY3389/5132	Deepdale Beck and take the path in the north easterly direction to reach Wall End until reaching
NY3396/5144	Lane Head turning due east to cross Deepdale Bridge onto the roadway A592 to return southwards to arrive back at Cow Bridge and The CAR !